

# THE CHIMES

THE NEWS LETTER OF THE BAR HARBOR CONGREGATIONAL CHURCH  
UNITED CHURCH OF CHRIST

29 Mount Desert Street, Bar Harbor, Maine 04609

Office Hours: Monday – Thursday 9:00 – 3:00 PM; Friday 9:00 – 11:30 AM

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From the Senior Pastor

A comment I hear frequently is that we just don't know how to pray. Although I believe prayer can happen any time and any place, I also recognize that it can be a bit daunting to become a "frequent prayerer." What follows are some suggestions for times and occasions for prayer. I hope you will take some time to read them and consider how your prayer life may reflect these suggestions.

We can pray when we are at the end of our rope. This might be literally true for those of you who scale the heights of Acadia National Park, but it is also true for the rest of us. It is appropriate and essential to pray when we feel that we are truly without other options. Prayer can make a way where there is no way. I happen to know this is true, and I encourage those of you who are discouraged and even panicked, to turn to prayer. A simple, "Please help me. God," will suffice.

If you are in a loving, committed relationship, pray with and for your loved one. Prayer between a couple can bring a closeness and strength that can be formed no other way. Pray for each other. Pray for your children and those you know who are in trouble or who are rejoicing. Just pray. If you have children in your life, pray with them too. You will give them a habit worth developing.

August 2009

Try praying with an open Bible. Look at Scripture and use it as a spring board for your prayers. If you don't know what words to use, use some of the beautiful prayers contained in Scripture. An open Bible will lead you to a world of faith and history that can expand your own prayer life.

This may sound odd, but try praying at prayer time. Set aside a special time of the day and a special place for prayer. Once you have done this, keep to the discipline of daily prayer, even if only for a few minutes to start. You will find that you will begin to look forward to this time of communion with God. You will also let others know that this is your prayer time and you are not to be disturbed unless, as my mother used to say, "someone is bleeding." This kind of prayer might sound impossible to some of you but, believe me, it is what can save us in the midst of hectic days and heavy responsibilities.

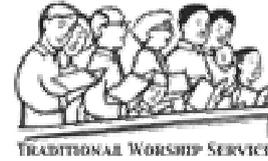
This one is difficult. I know because I have had trouble mastering this prayer technique. Pray in submission to God. There, I said it. Everything in our desire to be independent cries out against this kind of prayer, but it is necessary to be submissive to God's will if we are to live

out the fullness of the lives God has given us. Many of us stay away from God for long periods of time. Some of us have committed acts in our lives that have taken us away from God and we are very nervous about making our way back. Take it from me, a prayer of submission to God's will is the faithful equivalent of a life preserver tossed into the stormy waters of our lives. The appropriate posture for such a prayer is on our knees, but even when our knees no longer bend easily, we can assume a posture of penitence and submission. Submission to God is a great gift. In that submission we are set free for life.

We should pray with a song in our hearts. Even if we have been told that we cannot sing or if we do not play any kind of instrument, we can still make a joyful noise to the God of our lives. Use your voice to lift your prayer. Use an instrument you can make music on or just play some music that makes you feel closer to God. Contained within that music are the wings that can carry us to heaven or lift the burdens of our hearts. Music, whether our own or someone else's, can be a balm for our souls and a sharpening for our senses. When we tune in to the music of the universe, we come closer to the One who created us. Try it sometime and use the time in prayer.

I think that is enough for this month. Next month I will bring six more ways to pray. Please let me know how it is going and what method is working best for you. The results will definitely be worth the effort.

Sandra M. Reed



## Monthly Family Worship

Beginning in October (10/24), all families are invited to join together on the 4<sup>th</sup> Sunday of the month for 10 AM Morning Worship.

Thereafter, **on the 4<sup>th</sup> Sunday of each month**, there will be **no Sunday School classes** so that we may all worship together. Nursery care *will* be provided.

What a wonderful way to celebrate the love of God and our faith in Jesus Christ with worshippers of all ages! See you in church!

## Do you wonder where the money goes?

How is the money we contribute to the church spent? This is the fifth of several articles that will provide answers to those questions.

Where does the money go? #5 Who is our neighbor? There is \$8,000 within our annual budget for our Church's Wider Mission. This does not include our special individual giving to the Bar Harbor Food Pantry, Blankets + (tools & blanket Sunday), One Great Hour of Sharing, Thanksgiving Baskets and the Christmas Giving Tree Gifts. Our Sunday school kids as well as individual families have become sponsors of children in various countries. Think about our mission trips to Honduras!

## Breaking News from your Christian Education Board!

**Did you know** that the Christian Education Board continues throughout the entire summer with lots of committee work and planning to ensure a meaningful CE experience for every one of our children and youth? Here's what we're up to:

- **Our church is looking for a special person to serve as our Sunday School Coordinator.** This position will average **15 hours per week**. The new SSC will work closely with our CE Board to provide a dynamic, faith-filled Sunday School program for our children and youth. For more detailed information, please contact Kathe Simons, at [kathe@simons.mv.com](mailto:kathe@simons.mv.com) or 244-3207, Kathy Woodside, at [kcwoodside@roadrunner.com](mailto:kcwoodside@roadrunner.com) or 288-5160, or Rev. Sandra Reed at [smreed@barharborucc.org](mailto:smreed@barharborucc.org) or 460-9300.
- **Can you make popcorn? Can you sing a favorite song from your Sunday School years? Can you use a jigsaw? Are you great with paint? We need you and your talents.** Can you carry a tray of popcorn and cups to our classrooms? We are looking for **Snack Shepherds, Circle Time Captains, After-Hours Angels** (including woodworkers and painters), and more. Recruitment and ongoing support for our cherished Sunday School teachers and volunteers is an important commitment of our Board. How can **you** help? Even ONE Sunday or an hour or two at home

will make a HUGE difference in the lives of our young people. **"Here I am, Lord. Send me..."**

- **God's Garden Club** continues to blossom with a bouquet of wonderful activities for our youth and children. We've enjoyed making new friends with our visitors "from away." We've sung and rung chimes, we've planted geraniums, we've made prayer flags, we've learned about Baptism, and much more.

Be sure to look for our display in the parlor. Come to see what we've got planned for August! Thanks to ALL THOSE who continue to volunteer to sustain this wonderful offering for our young people.

- **Love the theater?** In August, **Doug McMinimy** will work with our children in grades 2-8 during God's Garden Club to **produce a musical** that will be performed in church on Rally Sunday, September 13. Look for more details...
- **Rally Sunday** will kick-off our new Sunday School year on **Sunday, September 13<sup>th</sup>**. We'll begin with our annual Rally Day potluck breakfast at 9 AM in Fellowship Hall. Please join us! We will dedicate our children and volunteers during worship and we'll enjoy a special musical performance, too. **Be there!**

**Kathe Simons, for the CE Board**



Disturb us Lord, when we are too well  
pleased with ourselves,  
When our dreams have come true because  
we dreamed too little,  
When we arrive safely because we sailed  
too close to the shore.

Disturb us Lord, when, with the abundance  
of things we possess,  
We have lost our thirst for the waters of  
life.

Having fallen in love with life, we have  
ceased to dream of eternity,  
And in our efforts to build a new earth,  
We have allowed our vision of the new  
Heaven to dim.

Disturb us Lord, to dare more boldly,  
To venture on wider seas, where storms will  
show our mastery;  
Where losing sight of land, we shall find the  
stars.  
We ask you to push back the horizons of our  
hopes,  
And to push us into the future in strength,  
courage, hope, and love.

This we ask in the name of our Captain, who  
is Jesus Christ.  
Amen.

Author Unknown



Melia Keili Smith,  
daughter of  
David and Natalie Smith,  
granddaughter of  
Dusty and Anne Warner.



July 18, 2009

Karen Ann Sullivan and Jonathan Lee  
Kronewitter, of Chicago, IL. Karen is the  
granddaughter of Jim and Lucille  
Campbell.

July 19, 2009

Amanda Lee Bence and Percival Patrick  
Tamayo, of Portland, ME. Amanda is the  
daughter of Vickie Bence and Jim Bence  
and the granddaughter of Lucy and Cecil  
Sprague.



Congratulations to the  
Vonder Haar family, who  
welcomed twin girls, Sydney  
Elizabeth and Erin Avery, on  
July 7, 2009. Best wishes to parents  
(Peter and Tory) and all of the Vonder  
Haars! Peter is Ray Vonder Haar's son.

Congratulations to Sara Graves, who  
gave birth to Hayden Douglas Graves on  
July 9, 2009. Sara is Roxie Brechlin's  
daughter.



### Memory Verse Games

Memorizing Bible verses is a great way to get God's Word into our hearts and minds.

#### Memory-Verse Memory Game

##### What you need:

- Index cards (two for each word in the Bible verse)
- Crayons and markers
- A Bible verse

##### What you do:

1. Choose a different color for each word in the verse. Write that word on two different cards. (Non-readers can draw pictures.)
2. Mix up the cards and spread them out (face down) on a table or floor.
3. Players take turns trying to uncover cards that match. For extra difficulty, try finding the word pairs in the order they appear in the verse.

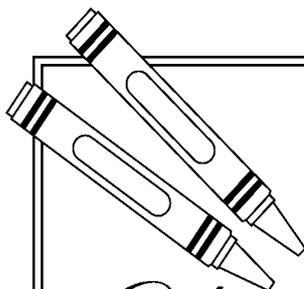
#### The Vanishing Memory Verse

##### What you need:

- Dry-erase board, markers and eraser
- OR chalkboard, chalk and eraser
- OR large piece of construction paper, pen and self-stick notes
- A Bible verse

##### What you do:

1. Write down the verse and read it (alone or with a partner).
2. Take turns erasing (or covering with self-stick notes) one word at a time. Then read the verse, remembering what word went in each blank.
3. Eventually, the board will be blank, and you'll be able to recite the whole verse!

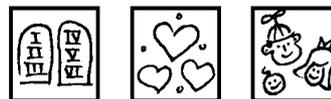


# Just for KIDS

## Upon your hearts

The Bible is the perfect guidebook for living God-pleasing lives. Deuteronomy 6:6-8 (NIV) tells us how to remember the Scriptures.

Use the picture clues and Word Bank below to finish the verses.



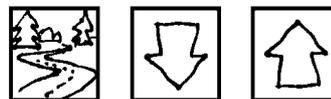
1 2 3

**WORD BANK**

children	road
commandments	sit
down	Talk
foreheads	Tie
hands	up
hearts	walk
home	



4 5 6 7



8 9 10



11 12 13



“These (1) \_\_\_\_\_ that I give you today are to be upon your (2) \_\_\_\_\_. Impress them on your (3) \_\_\_\_\_. (4) \_\_\_\_\_ about them when you (5) \_\_\_\_\_ at (6) \_\_\_\_\_ and when you (7) \_\_\_\_\_ along the (8) \_\_\_\_\_, when you lie (9) \_\_\_\_\_ and when you get (10) \_\_\_\_\_. (11) \_\_\_\_\_ them as symbols on your (12) \_\_\_\_\_ and bind them on your (13) \_\_\_\_\_.”

Answers: 1) commandments; 2) hearts; 3) hearts; 4) children; 5) tie; 6) home; 7) walk; 8) road; 9) down; 10) up; 11) Tie; 12) hands; 13) foreheads

Answers:

# August



- 1 Julia Link
- 1 Nancy Pelletier
- 1 Hunter Riddell
- 3 Gabrielle Link
- 2 Richard Young
- 5 Jefferson Hobbs
- 5 Avary Bryer
- 5 Callahan Bryer
- 6 Sylvia Webber
- 7 David Woodside
- 10 Rebecca Bryer
- 10 Melanie Modeen
- 11 Walter Heiges
- 12 Donna Beals
- 12 Barbara Richardson
- 12 Nathan Vonder Haar
- 12 Mary Swift
- 13 Gerard Haraden
- 17 Ponzi Reed
- 19 Marion Dyer
- 19 Jack Pelletier
- 20 Kristi Garland Hatrick
- 22 Lynn O'Neil
- 24 Derry Roopenian
- 27 Kendra Logan Bryer
- 27 Amy Riddell
- 27 Penny Frost
- 27 Gail Preston
- 27 Jennifer Booher
- 28 Billie Mitchell
- 29 Norman Moulton
- 30 Laurie Wellman



## Sunday Worship Contributors

**Head Deacon –** Joyce Parmelee  
**Assistant Deacon –** David Lind

### Liturgists-

2:  
9:  
16:  
23:  
30:

### Flowers –

2: Mr. and Mrs. Henry Brown  
9: Mrs. Ronald MacQuinn  
16: Mr. and Mrs. Norm Moulton  
23: Charles and Patty Benore  
30: Ruth Rossi

### Coffee Hosts -

2:  
9:  
16: Blueberry Festival  
23:  
30:

### Home Bible Readings

- 2 2 Samuel 11:26-12:13a  
Psalm 51:1-12  
Ephesians 4:1-16  
John 6:24-35
- 9 2 Samuel 18:5-9, 15, 31-33  
Psalm 130  
Ephesians 4:25-5:2  
John 6:35, 41-51
- 16 1 Kings 2:10-12; 3:3-14  
Psalm 111  
Ephesians 5:15-20  
John 6:51-58
- 23 1 Kings 8:22-30, 41-43  
Psalm 84  
Ephesians 6:10-20  
John 6:56-69
- 30 Song of Solomon 2:8-13  
Psalm 145:1-2, 6-9  
James 1:17-27  
Mark 7:1-8, 14-15, 21-23



2 Worship / God's Garden Club - 10 am	3 Cancer Support Group 5:00 - 6:30 PM	4 C. E. Board 7:00 PM  Acadia Shawl Ministry 7:00	5	6	7 Minister's Day Off	1/8
9 Worship / God's Garden Club - 10 am	10 Reception (Parlor) 11 AM - 2 PM	11	12	13	14 Minister's Day Off	15
16 Worship / God's Garden Club - 10 am	17	18 Reception in Parlor for BTS  Acadia Shawl Ministry 7:00	19 <u>Chimes</u> <u>Articles Due!</u>  CE Board 7:00	20 Trustees 5:30	21 Minister's Day Off	22
23 Worship / God's Garden Club - 10 am  CE Board 11:15 AM	24	25	26	27	28 Minister's Day Off	29 Wedding 2:00 PM
30 Worship / God's Garden Club - 10 am	31					

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## The Power of Appreciation

Motivational speaker and author Dale Carnegie once told of a woman who worked with some church friends on a self-improvement program. After one meeting, she went home and asked her husband how she could be a better person, particularly as a wife.

The husband told her he'd think about it and provide an answer the next day. While pondering his wife's request, the man realized he could offer a few suggestions. But he also could think of a thousand self-improvement ideas for himself.

The next morning, the man ordered some roses. He had them sent to his wife with an uplifting note that read, "I love you just the way you are." After that, the couple's personal shortcomings seemed quite small in the face of their steadfast love for one another.



## Only One Answer

Having a happy time?

*Praise God.*

Life getting difficult?

*Seek God.*

Having a quiet moment?

*Worship God.*

Suffering great pain?

*Trust God.*

Puzzled about what to do?

*Ask God.*

Overwhelmed with joy?

*Thank God.*

Source this page: The Newsletter Newsletter